



Activity program block 1

Dear parent(s) and caregiver(s),

We are delighted to share our brand new activity program for this period with you! Once again, we have compiled an exciting mix of our renowned labels: FitKidz, SkillsKidz, SoulKidz, and MindKidz. This activity program will commence on the 9th of September and conclude on November 22nd.

Please provide us with your child's preferences via floriandebso@unikidz.nl so we can ensure they participate in the activities they enjoy the most!

And don't forget, during the final week of this program (November 18th to 22nd), there will be observation lessons, so be sure to mark these dates in your calendar!

Thank you for your cooperation, and we look forward to having a great time together with your children!

Best regards,

Team UniKidz Floriande

Monday



4-12

GENERAL BSO ACTIVITIES

15.30 - 18.30 o'clock

Feeling like taking a break from structured activities? Prefer some free play time? At UniKidz, we've got you covered. Enjoy playing with LEGO, engaging in games, reading a book, getting creative, and exploring other relaxing activities.



4-12

HOCKEY

16.00 - 17.00 o'clock

Get ready to hit the field with Coach Mike for some hockey fun! He will guide us through the exciting world of hockey, teaching us the basics of dribbling, passing, and shooting. Whether you're an experienced player or new to the game, there's something for everyone to enjoy. Lace up your sneakers, grab your stick, and let's score some goals together.



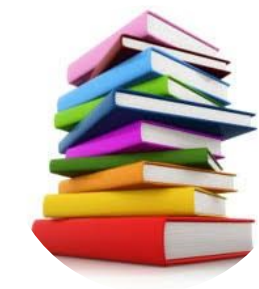
4-12

ORIGAMI

16.00 - 17.00 o'clock

Origami is the art of folding paper and originated in Japan. Together with Irina, you will learn how to create beautiful figures from a simple sheet of paper, such as cranes, flowers, and even animals! It's amazing to see how a few folds and some patience can result in a masterpiece that you've created yourself.





Tuesday



4-12

GENERAL BSO ACTIVITIES

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4-12

UNIKIDZ ARCH

16.00 - 17.00 o'clock

Together, we will collaborate to create a beautiful arch that welcomes us with color and joy. Using various materials and our imagination, we will craft an impressive entrance that will amaze everyone. Let's harness our creative energy and craft an archway that steals the show! This workshop will be led by Teacher Irina.



4-12

THEATRE LESSONS

16.30 - 17.45 o'clock

During the theater workshop, basic acting techniques such as facial expressions, body language, and intonation will be combined with reading books and stories. By integrating theater games and group exercises with reading a story, where students will read quotes aloud, the foundations of acting will be established. Ultimately, students will act out the story from the book themselves. The class will be led by theater teacher Kevin.

Wednesday



4-12

GENERAL BSO ACTIVITIES

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4-12

BOOTCAMP

16.00 - 17.00 o'clock

Join our bootcamp classes with Master Mike and work on your fitness every week while burning off energy! Our dynamic sessions are not only effective but also incredibly motivating. Get ready for a great workout that will help you achieve your goals. Let's get fit together!



4-12

COOKING

16.00 - 17.00 o'clock

Discover the art of cooking with teacher Irina! Every week, we learn new techniques and recipes so you can enjoy delicious meals at home. Let yourself be inspired by her passion for cooking and become a master in the kitchen. Join us and discover how fun and tasty cooking can be!

Thursday



4-12

GENERAL BSO ACTIVITIES

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4-12

STEAM

16.00 - 17.00 o'clock

During Steam you choose a challenge. Children work in pairs or threes to think about the challenge. First a plan or design is made and then they start working on the details, building a working prototype. This prototype is then tested and improved until the result receives the team's approval. The end result is presented to the entire group. The possibilities and variations are endless. Ask the children to build and program a robot that can move and each team will come up with a unique design. This activity will be together with Tamara.



4-6

KICKBOXEN

16.00 - 17.00 o'clock

Step into the ring for an energetic kickboxing class! Under the guidance of an experienced instructor, we'll learn the basic techniques of kickboxing such as punching, kicking, and defense. This dynamic sport not only enhances our strength and fitness, but also boosts our self-confidence and discipline. Join us and experience the adrenaline of kickboxing as we improve our technique and fitness together! These classes are led by Master Mike.

Friday



4-12

GENERAL BSO ACTIVITIES

15.30 - 18.30 o'clock

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4-12

LIBRARY

16.00 - 17.00 o'clock

We go to the library every week and choose a book. Then we pick a chapter and create a beautiful artwork on paper that perfectly matches how you feel. Whether you enjoy painting or drawing, anything is possible and welcome! Of course, Teacher Irina will help us with reading and choosing!